

Melbourne Bladder Clinic

Questions to ask yourself if you may have OAB

Useful for men and women who want to know if they may have an overactive bladder

- Do you have a sudden need to rush to the toilet to urinate?
- Is this precipitated by hand washing or turning the key in the front door?
- Have you not made it to the toilet fast enough and leaked urine?
- How often do you pass urine during the day?
- Do you always have to know where the toilet is when you are out of the house?
- During the night, how many times do you get up to urinate? Is it your bladder, which wakes you up?

If you have been diagnosed with OAB, take the validated International Continence Society (ICS) questionnaire on OAB – ICIQ-OAB, to assess its severity and impact on quality of life.

You can download the questionnaire from our website at www.bladderclinic.com/patient-resources